



Al Galgalim Hadassah's TRAINING WHEELS Program 2009-2010

The Hadassah Al Galgalim program presents families the opportunity to develop a sense of belonging and spiritual enrichment as they learn about Judaism.

TRAINING WHEELS is a Jewish education program designed to help parents/grandparents of young children (**ages 2–5 years old**) learn how to celebrate Shabbat and the Jewish holidays in a hands-on, pressure-free, friendly environment. TRAINING WHEELS is a gateway for families to experience and explore the traditions, customs, and foods associated with 8 or 9 major holidays.

One Sunday per Month, 2:00–3:30 p.m. • Registration: \$80 for Hadassah members, \$116 for non-members
Non-members will receive a one-year membership in Hadassah. Each child must be accompanied by at least one parent/grandparent.



For more information on the Hadassah organization,
visit the Greater Washington area Hadassah website at www.dc.hadassah.org.

For local membership or TRAINING WHEELS program information, please email us at
esther.krinitz@gmail.com or call 301-534-3576. Space is limited.

Training Wheels
Kids Judaism Program
esther.krinitz@gmail.com
Cora Wenk 301-534-3576

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